



COCOA BLISS BALLS

This weeks Recipe of the Week are these super delightful Cocoa (Bliss) Balls from author, [Alyssia Fraser; The Food At My Table](#). They are easy to make taking just a few minutes tops, and are a simple (and tasty) summer treat. Enjoy.

Ingredients:

150g *almond meal*

1/2 cup *cocoa powder*

1/2 cup *rice syrup*

1/4 cup *nut butter* of your choice (almond, macadamia or peanut)

1/4 teaspoon *vanilla extract*

Desiccated coconut (optional)

Method:

Mix all ingredients together and roll into balls.

To finish, roll the balls in cocoa powder or desiccated coconut and enjoy.

Note: Best kept refrigerated until eating.

Gluten-Free | Dairy-Free | Vegan

To see more from Alyssia visit her website [here](#)